



**We Are Nourishing Lives.
We Are Building Community.
WE ARE IFCS.**

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OPENING MESSAGE FROM OUR EXECUTIVE DIRECTOR

At IFCS, we believe everyone in our community deserves to be healthy, and that individual access to nutrition affects the overall health of our community. During FY 2021, we continued the safety protocols initiated in 2020 and maintained contact-free grocery pickup services at a heightened rate: since the start of the pandemic, **over 4,000 additional people visited IFCS each month.**

Along with our partners, funders, volunteers, and clients, we are pleased to look back and see the accomplishments IFCS made under the demanding and fluctuating circumstances of the past year. **Our community's need for food support has not decreased:** unemployment, health issues, and overlapping household emergencies continue to plague many of our neighbors. The large-scale need for food assistance was exposed and continued to grow; meanwhile, transportation delays and supply shortages related to the ongoing health crisis complicated our ability to keep pace and mitigate ripple effects to our operations.

As you'll see evidenced in this report, we've worked hard to listen to our program participants' needs and to respond efficiently and innovatively. Providing fresh, nutritious food is IFCS' "secret sauce" for a healthy community: we're building networks that support neighbors who most need help. Thanks to our numerous supporters, **we're helping children to focus on their studies, households to navigate emergencies, and families to stay in their homes.**

A handwritten signature in blue ink that reads "Sandra Blythe-Perry".

Sandra Blythe-Perry, Executive Director

ACCOMPLISHMENTS

The past year exposed local hunger concerns to levels that used to be more hidden prior to the pandemic. The need for food support **continued at a heightened level** throughout 2021. Unemployment, health issues, and overlapping household emergencies continued to plague many of our neighbors.

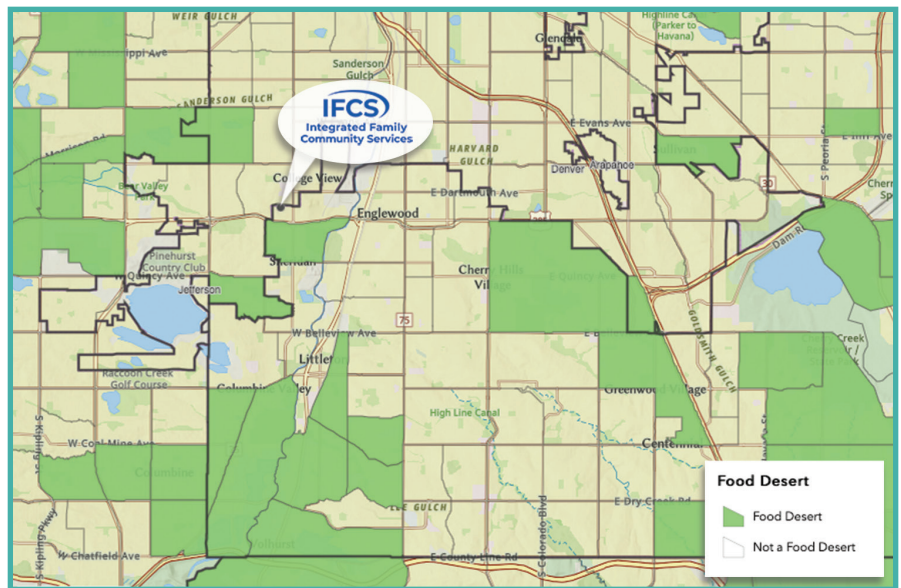
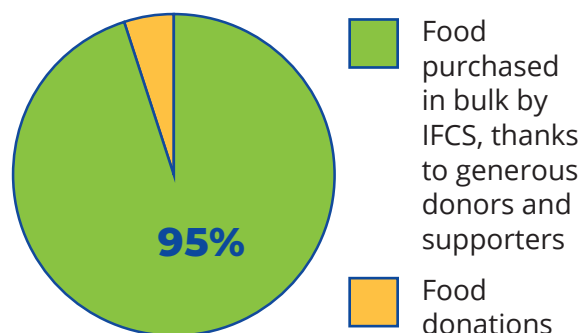


These maps show IFCS centrally located within areas designated as “food deserts,” and within zip code areas of highest need, according to the Community Needs Index (CNI).^{*} Thankfully, the IFCS Food Market has become a staple of assistance for those who needed it most. With IFCS food boxes, families were nourished with fresh produce, protein and dairy products along with nutritious, shelf-stable food items.

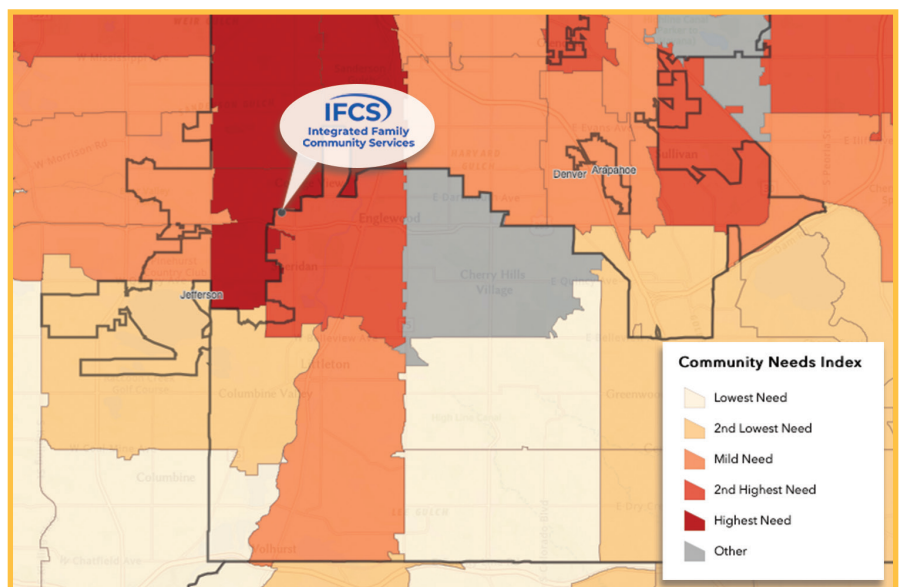
SERVICE GROWTH

Average number of people receiving food support from IFCS	
FY 2019	1,362 people/month
FY 2020	1,894 people/month
FY 2021	5,212 people/month

FOOD DISTRIBUTION SOURCES



Source credit: CACFP Participation in Colorado <https://bit.ly/3DEjixn>



INNOVATIONS & DEVELOPMENTS

We installed **scanners** at the IFCS Food Market that integrate our food bank software with over 10,000 other organizations. Personalized scan cards **help clients access the IFCS Food Market more easily and quickly**, while more integrated data collection **helps us understand and more effectively address our community's food insecurity**.

We established a **partnership with the Arapahoe County Single Meals Program** to provide meals for neighbors who were sheltering in hotels due to lack of affordable housing. Local nonprofit partners covered the cost of shelter, and **IFCS provided small care packages of ready-to-eat food with high nutritional content for 1,000 individuals per month**, including families with children.

We **updated our logos and seasonal enrichment programs** to reflect current trends and the fresh, culturally responsive foods our Food Market offers, and initiated a **website overhaul**.

^{*} The USDA defines food deserts as areas with low access to supermarkets or grocery stores. The CNI measures economic and demographic data, creating an “index score” by measuring barriers to various socio-economic capital for each community at the zip code level.

IFCS IMPACT

For the Year September 1, 2020 to August 31, 2021

Our mission is to provide basic human services and enrichment programs to low-income people, using community resources. Integrated Family Community Services (IFCS) fosters self-sufficiency and respects the dignity of each client.



57,132

Individuals received **Hunger Prevention Assistance**

4,283

Individuals benefited from **IFCS Holiday Programs**, receiving food and gifts for Thanksgiving and Christmas:

Thanksgiving
Food Boxes**2,473** Individuals
Adopt-a-Child
Gifts **431** Children
Christmas
Food Boxes**1,379** Individuals



344

Individuals received **Homelessness Prevention Assistance**

330

Children received new clothes, backpacks, and school supplies as part of the **Ready, Set, School! Program**

105

Crime victims received assistance



347

Individuals received **Recreation Passes** from South Suburban and Englewood Recreation



1,922

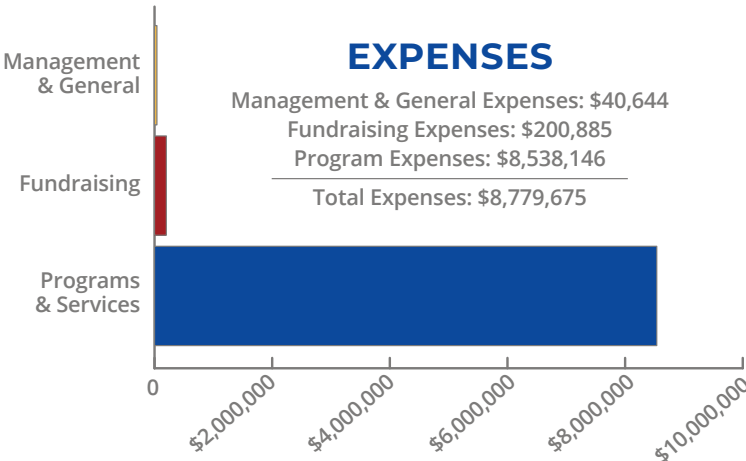
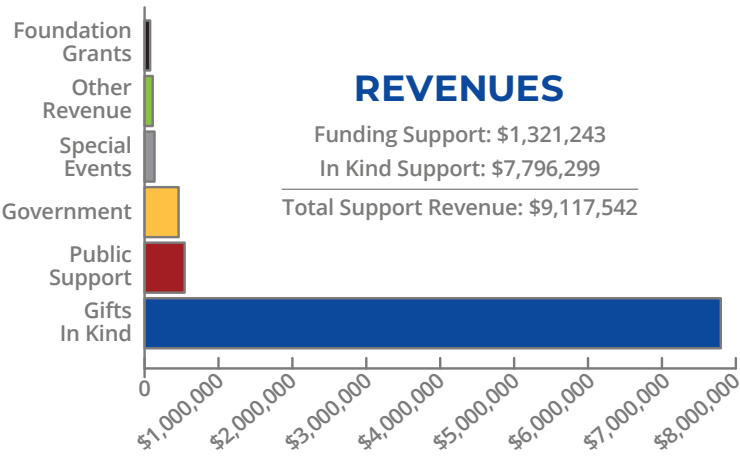
Volunteers gave **6,969** volunteer hours

IFCS SERVED 62,541 INCOME-QUALIFIED INDIVIDUALS

1,729 NEW FAMILIES, INDIVIDUALS AND SENIOR CITIZENS CAME TO IFCS FOR ASSISTANCE

IFCS FINANCIALS

For the Year September 1, 2020 to August 31, 2021

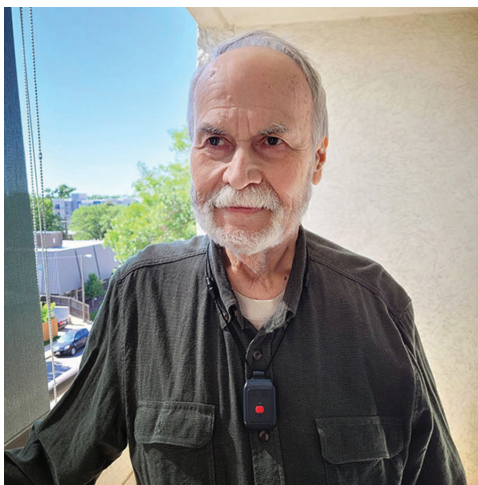


97% OF IFCS EXPENSES WERE HUNGER PREVENTION SERVICES

PROGRAM RECIPIENT STORIES



Jerica is a courageous, hard-working professional who does what she needs to take care of her family. She became a single mom when she left an unhealthy relationship of 15 years, the hardest – but also the best – decision of her life, and she hasn't looked back. She is raising two elementary school children and a teenager in the south Denver metro area, with little support from the children's father. Occasionally, Jerica utilizes IFCS enrichment program that provides her children with holiday gifts and meals.



Thor is a 76-year-old immigrant from Western Ukraine. He became a U.S. citizen to serve this country in the military and create some security for his future. After a life of service, he was no longer able to get around on his own because he was dealing with heart disease and a severe leg injury he suffered during the Vietnam War era. For over 50 years, Thor was able to live on his own and take care of his basic needs, but now is truly on his own. He appreciates the nutritious food he receives from IFCS.



Sarah is Dean of Operations at a Denver middle school. She and her staff see students every day who are not getting enough to eat. The inevitable consequence is having students whose hunger prevents them from engaging fully in their education. Her school partnered with IFCS to help provide food supplements for student families that are tight on finances. They are all grateful for the support of IFCS food boxes, which include shelf-stable as well as fresh, culturally responsive foods and hygiene items.

“

I don't qualify for much [government assistance] because I make too much. It's hard.

”

“

I have been boot-strapping through life with disabilities from military service. Five years ago, I lost my mobility and IFCS has helped me stay connected to resources. It can be hard to find compassionate people that genuinely have your best interest in mind.

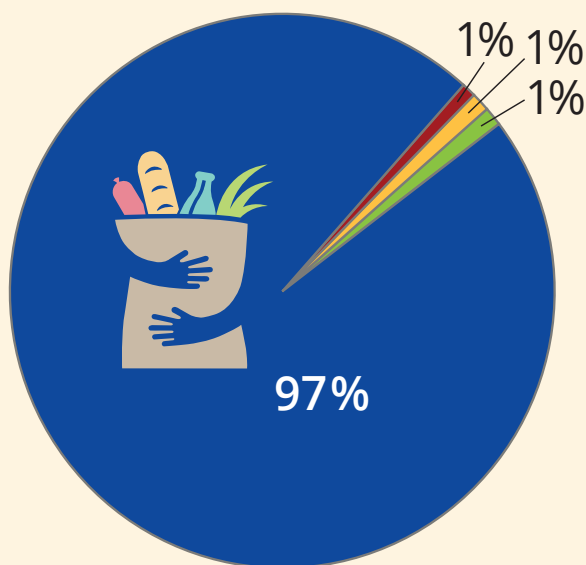
”

“

8 times out of 10, put a granola bar and a glass of water into a kid, and they're right back at it.

”

COMMUNITY IMPACT



- Hunger Prevention
- Enrichment Programs
- Homeless Prevention
- Financial Assistance
- Other Assistance (<1%)

IFCS LEADERSHIP

BOARD OF DIRECTORS

President..... Bryant Burciaga
 TreasurerJeffrey Alm
 Board Member Jason Whyte
 Board MemberDavid Zorn
 Board MemberSenedu Yaregal

TEAM

Executive Director.....Sandra Blythe-Perry
 Program DirectorAllison Taggart
 Development Director..... Todd McPherson
 Associate Development Director Sarah Rutledge
 Case Manager..... Keyla Valdez
 Case Manager..... Caitlee Mead
 Food and Clothing Market Manager..... Barb Mesa
 Accounting Clerk/Admin Assistant.....Perian Cooper
 Volunteer CoordinatorTara Magaña
 Communications Manager Donna Wintz

THANKS TO OUR GENEROUS SPONSORS

