We Are Nourishing Lives.
We Are Building Community.
WE ARE IFCS.

OPENING MESSAGE FROM OUR EXECUTIVE DIRECTOR

At IFCS, we believe everyone in our community deserves to be healthy, and that individual access to nutrition affects the overall health of our community. During FY 2021, we continued the safety protocols initiated in 2020 and maintained contact-free grocery pickup services at a heightened rate: since the start of the pandemic, over 4,000 additional people visited IFCS each month.

Along with our partners, funders, volunteers, and clients, we are pleased to look back and see the accomplishments IFCS made under the demanding and fluctuating circumstances of the past year. Our community’s need for food support has not decreased: unemployment, health issues, and overlapping household emergencies continue to plague many of our neighbors. The large-scale need for food assistance was exposed and continued to grow; meanwhile, transportation delays and supply shortages related to the ongoing health crisis complicated our ability to keep pace and mitigate ripple effects to our operations.

As you’ll see evidenced in this report, we’ve worked hard to listen to our program participants’ needs and to respond efficiently and innovatively. Providing fresh, nutritious food is IFCS’ “secret sauce” for a healthy community: we’re building networks that support neighbors who most need help. Thanks to our numerous supporters, we’re helping children to focus on their studies, households to navigate emergencies, and families to stay in their homes.

Sandra Blythe-Perry, Executive Director
The past year exposed local hunger concerns to levels that used to be more hidden prior to the pandemic. The need for food support continued at a heightened level throughout 2021. Unemployment, health issues, and overlapping household emergencies continued to plague many of our neighbors.

These maps show IFCS centrally located within areas designated as “food deserts,” and within zip code areas of highest need, according to the Community Needs Index (CNI).* Thankfully, the IFCS Food Market has become a staple of assistance for those who needed it most. With IFCS food boxes, families were nourished with fresh produce, protein and dairy products along with nutritious, shelf-stable food items.

**SERVICE GROWTH**

<table>
<thead>
<tr>
<th>Average number of people receiving food support from IFCS</th>
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<tbody>
<tr>
<td>FY 2019</td>
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<tr>
<td>FY 2020</td>
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<td>FY 2021</td>
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**FOOD DISTRIBUTION SOURCES**

- 95% Food purchased in bulk by IFCS, thanks to generous donors and supporters
- 5% Food donations

**INNOVATIONS & DEVELOPMENTS**

- We installed scanners at the IFCS Food Market that integrate our food bank software with over 10,000 other organizations. Personalized scan cards help clients access the IFCS Food Market more easily and quickly, while more integrated data collection helps us understand and more effectively address our community’s food insecurity.

- We established a partnership with the Arapahoe County Single Meals Program to provide meals for neighbors who were sheltering in hotels due to lack of affordable housing. Local nonprofit partners covered the cost of shelter, and IFCS provided small care packages of ready-to-eat food with high nutritional content for 1,000 individuals per month, including families with children.

- We updated our logos and seasonal enrichment programs to reflect current trends and the fresh, culturally responsive foods our Food Market offers, and initiated a website overhaul.

* The USDA defines food deserts as areas with low access to supermarkets or grocery stores. The CNI measures economic and demographic data, creating an “index score” by measuring barriers to various socio-economic capital for each community at the zip code level.
IFCS IMPACT .........................................................................................................................For the Year September 1, 2020 to August 31, 2021

Our mission is to provide basic human services and enrichment programs to low-income people, using community resources. Integrated Family Community Services (IFCS) fosters self-sufficiency and respects the dignity of each client.

57,132  Individuals received Hunger Prevention Assistance

4,283  Individuals benefited from IFCS Holiday Programs, receiving food and gifts for Thanksgiving and Christmas:
  Thanksgiving Food Boxes .......... 2,473 Individuals
  Adopt-a-Child Gifts ......................... 431 Children
  Christmas Food Boxes .......... 1,379 Individuals

344  Individuals received Homelessness Prevention Assistance

330  Children received new clothes, backpacks, and school supplies as part of the Ready, Set, School! Program

105  Crime victims received assistance

1,922  Volunteers gave 6,969 volunteer hours

IFCS SERVED 62,541 INCOME-QUALIFIED INDIVIDUALS
1,729 NEW FAMILIES, INDIVIDUALS AND SENIOR CITIZENS CAME TO IFCS FOR ASSISTANCE

IFCS FINANCIALS .............................................For the Year September 1, 2020 to August 31, 2021

REVENUES
Funding Support: $1,321,243
In Kind Support: $7,796,299
Total Support Revenue: $9,117,542

EXPENSES
Management & General Expenses: $40,644
Fundraising Expenses: $200,885
Program Expenses: $8,538,146
Total Expenses: $8,779,675

97% OF IFCS EXPENSES WERE HUNGER PREVENTION SERVICES
Jerica is a courageous, hard-working professional who does what she needs to take care of her family. She became a single mom when she left an unhealthy relationship of 15 years, the hardest – but also the best – decision of her life, and she hasn’t looked back. She is raising two elementary school children and a teenager in the south Denver metro area, with little support from the children's father. Occasionally, Jerica utilizes IFCS enrichment program that provides her children with holiday gifts and meals.

Thor is a 76-year-old immigrant from Western Ukraine. He became a U.S. citizen to serve this country in the military and create some security for his future. After a life of service, he was no longer able to get around on his own because he was dealing with heart disease and a severe leg injury he suffered during the Vietnam War era. For over 50 years, Thor was able to live on his own and take care of his basic needs, but now is truly on his own. He appreciates the nutritious food he receives from IFCS.

Sarah is Dean of Operations at a Denver middle school. She and her staff see students every day who are not getting enough to eat. The inevitable consequence is having students whose hunger prevents them from engaging fully in their education. Her school partnered with IFCS to help provide food supplements for student families that are tight on finances. They are all grateful for the support of IFCS food boxes, which include shelf-stable as well as fresh, culturally responsive foods and hygiene items.

I don’t qualify for much [government assistance] because I make too much. It’s hard.

I have been boot-strapping through life with disabilities from military service. Five years ago, I lost my mobility and IFCS has helped me stay connected to resources. It can be hard to find compassionate people that genuinely have your best interest in mind.

8 times out of 10, put a granola bar and a glass of water into a kid, and they’re right back at it.
COMMUNITY IMPACT

- Hunger Prevention
- Enrichment Programs
- Homeless Prevention
- Financial Assistance
- Other Assistance (<1%)

97%

1%

1%

IFCS LEADERSHIP

BOARD OF DIRECTORS

President ........................................ Bryant Burciaga
Treasurer ........................................ Jeffrey Alm
Board Member .............................. Jason Whyte
Board Member .............................. David Zorn
Board Member .............................. Senedu Yaregal

TEAM

Executive Director ........................ Sandra Blythe-Perry
Program Director .......................... Allison Taggart
Development Director .................... Todd McPherson
Associate Development Director ...... Sarah Rutledge
Case Manager ............................... Keyla Valdez
Case Manager ............................... Caitlee Mead
Food and Clothing Market Manager ... Barb Mesa
Accounting Clerk/Admin Assistant ..... Perian Cooper
Volunteer Coordinator .................... Tara Magaña
Communications Manager ............... Donna Wintz

THANKS TO OUR GENEROUS SPONSORS