



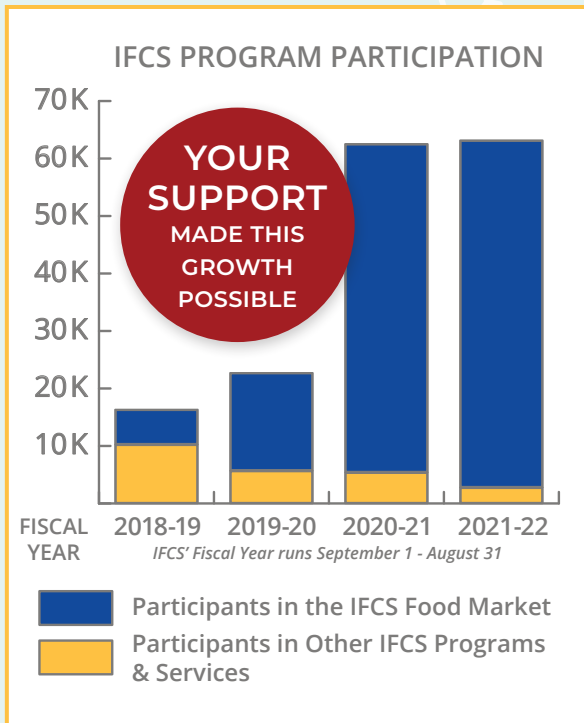
Will you help us continue to nourish lives?

Text
BETTER TOGETHER
to 801801



Dear Friends and Supporters,

IFCS outreach in the community has **nearly tripled over the past few years**, providing more food support to metro Denver area families than ever. Strong partnerships have allowed us to adjust operations quickly and provide **fresh, nutritious food to hungry households** during some of the toughest periods we've seen in recent history. **Thanks to your help, we've effectively responded to local food insecurity as needs skyrocketed:** first, during a pandemic and now, while inflation squeezes everyone's budget. **We're currently at a critical crossroads, and hope you can help us continue nourishing lives.**



IFCS HAS BECOME A STAPLE OF ASSISTANCE

The number of visitors to the IFCS Market has not decreased this year; instead, **higher prices and limited resources have increased the needs in our community.** Thanks to you, IFCS is making a life-changing difference in many households. Those who visit IFCS tell us they are **able to focus on paying the rent or navigating an emergency**, and can provide **nourishing meals for their children** thanks to the fresh produce, whole grains, protein and dairy items they receive at our Food Market. In short, **your help brings hope.**

HARDSHIP IS AT AN ALL-TIME HIGH

This year, IFCS is seeing the highest numbers – ever in our history – of visitors requesting support. The Program Participation graph shows a persistence, and continual rise, in food insecurity. Despite additional funding provided by partners, **requests for IFCS rental and bill payment assistance have exceeded our capacity**, requiring us to shut down application forms in advance of program timelines. Requests for holiday gift support poured in and **exceeded available slots in half the time of previous years**, requiring us to turn away over 50% of the registered children. We're grateful IFCS is a staple of assistance for those who need it most, but our programs are feeling the squeeze of the current economic situation.

1 IN 3 COLORADANS ARE STRUGGLING WITH HUNGER

1 IN 6 CHILDREN ARE NOT GETTING ADEQUATE NUTRITION

MORE THAN 2 IN 5 INDIVIDUALS OF COLOR ARE STRUGGLING TO REGULARLY ACCESS QUALITY, NUTRITIOUS FOOD

OUR CRITICAL CROSSROADS

IFCS needs **\$30,000⁰⁰** each month to provide fresh food for **6,000+ IFCS Market Shoppers...**

OR



We'll need to limit visits to the Food Market to once a month per family.

OUR CURRENT CHALLENGE

Inflation in the food and transportation industries is affecting our ability to stock the Market with healthy groceries, despite our resourceful connections and bulk purchasing practices. **A monthly cost of \$30,000 currently allows us to serve 6,000+ individuals with fresh, nutritious food**, and relieves program participants to focus on paying rent and utility bills, or navigate emergencies. The funding that federal, local, and city grants provided to get us through the pandemic is no longer available, and IFCS is at a **critical crossroads**. As we look ahead to 2023, we recognize our limitations: **we need the support of our community to continue alleviating hunger.**

WILL YOU HELP US CONTINUE NOURISHING LIVES?

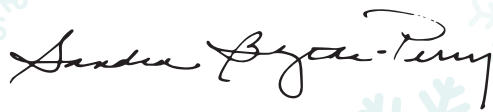
Starting off the new year on solid footing is critical for us. With higher inflation and signs of recession ahead, **we need assurances of funding or we'll be required to limit Market visits to once a month per family.** We can all imagine the unfortunate consequences this cutback would have on families *and the overall community.* **Before we take this step of reducing our services we would like to appeal to you, our partners in alleviating hunger.** We are grateful for your contribution to positive outcomes in previous years. **Will you help us secure a 2023 of nutritional support for those who need it most?**

Every gift makes a difference, and offers a sense of hope that **we can get through these tough times together.** Thank you for your consideration, and for all you do for IFCS.

Sincerely,



Jeffrey Alm
Board President



Sandra Blythe-Perry
Executive Director

P.S. If you haven't already seen our summary of improvements made possible by you, check out this "Our Community Makes IFCS Better" flyer, available for download and printing at ifcs.org/printables →

ONE CAN, TWO CAN, WHO CAN, YOU CAN!

The **IFCS** Food Market has become a *staple of assistance*

Your year-end gift keeps the food supply coming!

Help us nourish lives with your individual or corporate tax-deductible donation.

HERE ARE 3 SIMPLE WAYS:

1.

SCAN THIS QR CODE TO MAKE A SECURE ONLINE DONATION, OR VISIT [ONECANFEED.ORG](https://onecanfeed.org)



2.

TEXT BETTERTOGETHER TO 801801 TO MAKE A SECURE ONLINE DONATION

3.

CONTACT TODD MCPHERSON, OUR DEVELOPMENT DIRECTOR, AT 303-725-9894 OR toddm@ifcs.org WITH QUESTIONS ABOUT THE BEST WAY TO SUPPORT IFCS

Thank you!



VIEW THIS FLYER ON OUR WEBSITE

THANK YOU FOR MAKING IFCS BETTER!



Integrated Family Community Services

3370 South Irving Street • Englewood, CO 80110-1816

(303) 789-0501

ifcs.org • onecanfeed.org

