OPENING MESSAGE FROM OUR EXECUTIVE DIRECTOR

At IFCS, we believe everyone in our community deserves to be healthy, and that individual access to nutrition affects the overall health of our community. During FY 2021-22, we witnessed record-breaking hunger. Supports put in place to help our country through the pandemic dried up, while financial struggles - and corresponding hunger - persisted and increased. More families visited the IFCS Food Market than ever before in our 58 year history. Increased rental rates and rising inflation at the grocery stores and gas pumps tightened budgets for our participants as well as for IFCS operations.

We are grateful to look back and see the accomplishments IFCS made, in partnership with the community, under the demanding economic circumstances of the past year. Unemployment, health issues, and overlapping household emergencies continued to plague many of our neighbors, and they repeatedly reported back to us how important nutritious food was to their health and well-being.

In the summer months, we launched an Outdoor Produce Market and implemented a new app that connected us to gardeners for fresh food donations. Our volunteer force expanded and become, officially, the “IFCS Volunteer Core.” We launched a partnership with Southwest Food Coalition as a way to build more collaboration through community relationships and improve our services.

As you’ll see evidenced in this report, the challenges of the past year have not slowed us down. Instead, our strong and lasting partnerships have made IFCS better than ever. Together with our numerous supporters, we’re working hard to respond efficiently and innovatively to nourish lives, alleviate hunger, and build a stronger community.

Sandra Blythe-Perry, Executive Director
**HUNGER FACTS & IFCS’ REACH**

- The COVID-19 pandemic had a dramatic impact on our communities’ health, economy, and food security.*
- IFCS’ service area includes various neighborhoods designated as “food deserts” and zip codes identified as having highest needs, as you can see by the maps below.**

For a monthly cost of $30,000 we were able to serve 6,000+ individuals with fresh, nutritious food. This relieved program participants to focus on paying rent and utility bills, or navigate emergencies.

* This data was provided by Hunger Free Colorado, hungerfreecolorado.org

** The USDA defines food deserts as areas with low access to supermarkets or grocery stores. The CNI measures economic and demographic data, creating an “index score” by measuring barriers to various socio-economic capital for each community at the zip code level.

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**IFCS PROGRAM PARTICIPATION**

- Participants in the IFCS Food Market
- Participants in Other IFCS Programs & Services


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* FISCAL YEAR runs September 1 - August 31
Our mission is to provide basic human services and enrichment programs to low-income people, using community resources. Integrated Family Community Services (IFCS) fosters self-sufficiency and respects the dignity of each client.

**FOOD ASSISTANCE**

60,394 Individuals received **Hunger Prevention Assistance**

1,832 Individuals benefited from **Fresh Thanks** and **Helping Hands for the Holidays**, IFCS' Holiday Programs that provide food and gift support

250 Children received backpacks, school supplies, and food support as part of the **Ready, Set, School! Program**

**FINANCIAL ASSISTANCE**

328 Individuals received **Homelessness Prevention Assistance**

50 Crime victims received assistance

**WELLNESS ASSISTANCE**

322 Individuals received **Recreation Passes** from South Suburban and Englewood Recreation

1,208 New families, individuals, and senior citizens visited IFCS for assistance

4,163 Volunteers gave 8,577 volunteer hours

**IFCS SERVED 63,176 INCOME-QUALIFIED INDIVIDUALS**

**IFCS FINANCIALS**

For the Year September 1, 2021 to August 31, 2022

**REVENUES**

- **Funding Support (Actual Dollars):** $1,298,654
- **In Kind Support (Goods & Services):** $6,303,906
- **Total Support Revenue:** $7,602,560

**EXPENSES**

- **Management & General Expenses:** $40,644
- **Fundraising Expenses:** $200,885
- **Program Expenses (To Include In Kind Goods & Services):** $8,538,146
- **Total Expenses:** $8,779,675

**97% OF IFCS EXPENSES WERE HUNGER PREVENTION SERVICES**
Integrated Family Community Services (IFCS) has faced challenging circumstances over the past few years. Committed to partnering with the community to alleviate hunger since 1964, we've responded by adapting and improving our programs and services. Thanks to all who support and collaborate with us, we continue growing and making a difference.

**PROGRAM IMPROVEMENTS**

**make us better**

The Food Market at IFCS has been introducing a growing selection of nutritious and culturally relevant choices that are sourced locally. Selection options include fresh produce, meat and dairy items.

We developed **online program applications** for financial, wellness and seasonal enrichment programs to provide **convenience** for participants.

Our Single Meal Program provides ready-to-eat meals and snacks for those who are **unhoused and unsheltered**.

**VOLUNTEERS**

**make us better**

When pandemic restrictions lifted in 2021, **volunteers were invited back** and we added a full-time volunteer coordinator to our team.

We shifted to **online volunteer applications** and welcomed interested candidates to interview and tour IFCS.

Our volunteer team **tripled** in a year, and IFCS’ Volunteer Core was established with its own logo and a **newly defined mission**.

Volunteers have made possible IFCS’ grocery distribution to **upwards of 6,000+ people each month**. Adding volunteer talent to our team has streamlined IFCS operations, increased outreach, and improved our effectiveness.

**PARTNERS & DONORS**

**make us better**

Uncertainty in grocery stores resulted in fewer food donations. Thankfully, partnering manufacturers experiencing supply and order changes provided IFCS with **surplus donations**.

IFCS’ dated, insufficient refrigerator and freezer spaces were upgraded, and pallet jack acquired, thanks to community partners.

We shifted from **receiving 97% of food resources** from community donations to **purchasing 97% directly**. Donor and grant funds made this transition possible.

Purchasing directly from food manufacturers that meet grant fund guidelines allows IFCS to obtain **top quality food**, in bulk quantities, and with **deep savings**.

Inflation, supply chain and transportation issues continue to challenge IFCS’ food access. Donations in all sizes help us continue to provide nutritious meals for hungry families in our area.

**IFCS is nourishing lives and building stronger communities, thanks to YOUR HELP!**

**READ MORE PARTICIPANT STORIES AT IFCS.ORG/PROGRAM-RECIPIENTS**
THANKS TO OUR GENEROUS SPONSORS

O’TOOLE’S GARDEN CENTER
June Hicks FAMILY FUND
giving with love
Holman
Driving What’s Right
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