



Integrated Family
Community Services

FY 2022 ANNUAL REPORT

Sept. 1, 2021 - Aug. 31, 2022



We Are Nourishing Lives.
We Are Building Community.
WE ARE IFCS.

INSIDE:

PAGE 1

Hunger Facts
& IFCS' Reach

PAGE 2

Impact
Financials

PAGE 3

We're Better
Together

PAGE 4

Leadership
Sponsors

OPENING MESSAGE FROM OUR EXECUTIVE DIRECTOR

At IFCS, we believe everyone in our community deserves to be healthy, and that individual access to nutrition affects the overall health of our community. **During FY 2021-22, we witnessed record-breaking hunger.** Supports put in place to help our country through the pandemic dried up, while financial struggles - and corresponding hunger - persisted and increased. **More families visited the IFCS Food Market than ever before in our 58 year history.** Increased rental rates and rising inflation at the grocery stores and gas pumps tightened budgets for our participants as well as for IFCS operations.

We are grateful to look back and see the accomplishments IFCS made, in partnership with the community, under the demanding economic circumstances of the past year. Unemployment, health issues, and overlapping household emergencies continued to plague many of our neighbors, and they repeatedly reported back to us how important nutritious food was to their health and well-being.

In the summer months, we launched an **Outdoor Produce Market** and implemented a new app that connected us to gardeners for fresh food donations. Our volunteer force expanded and become, officially, the **"IFCS Volunteer Core."** We launched a partnership with **Southwest Food Coalition** as a way to build more collaboration through community relationships and improve our services.

As you'll see evidenced in this report, the challenges of the past year have not slowed us down. Instead, **our strong and lasting partnerships have made IFCS better than ever.** Together with our numerous supporters, we're working hard to respond efficiently and innovatively to **nourish lives, alleviate hunger, and build a stronger community.**

Sandra Blythe-Perry, Executive Director

HUNGER FACTS & IFCS' REACH



1 IN 3
COLORADANS
ARE
STRUGGLING
WITH
HUNGER*

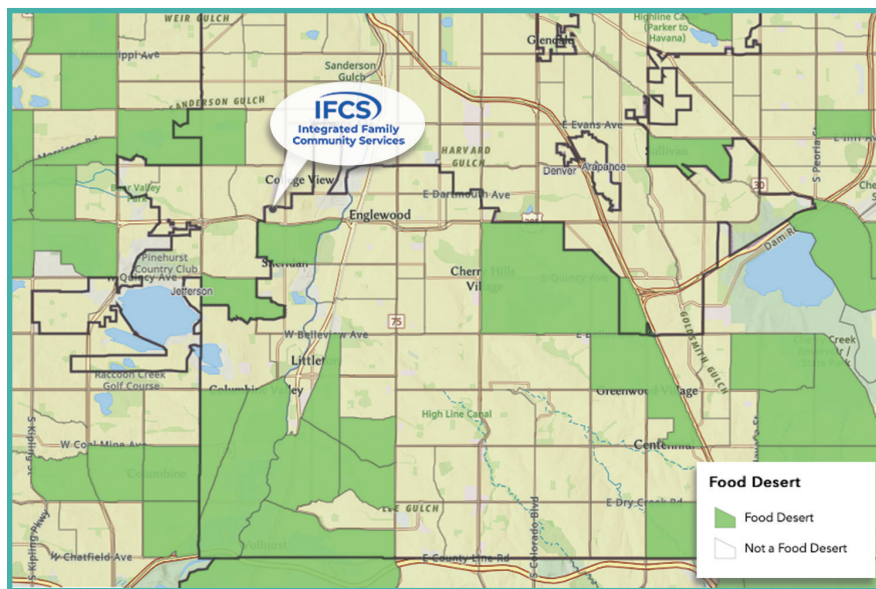
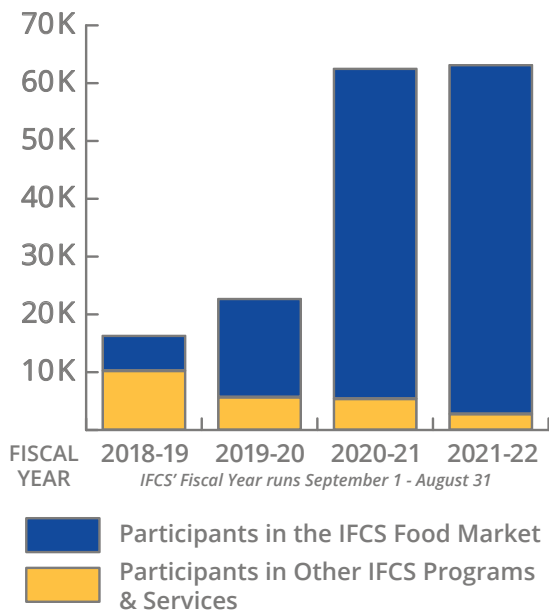
MORE THAN
2 IN 5
INDIVIDUALS
OF COLOR ARE
STRUGGLING
TO REGULARLY
ACCESS QUALITY,
NUTRITIOUS
FOOD*

1 IN 6
CHILDREN ARE
NOT GETTING
ADEQUATE
NUTRITION*

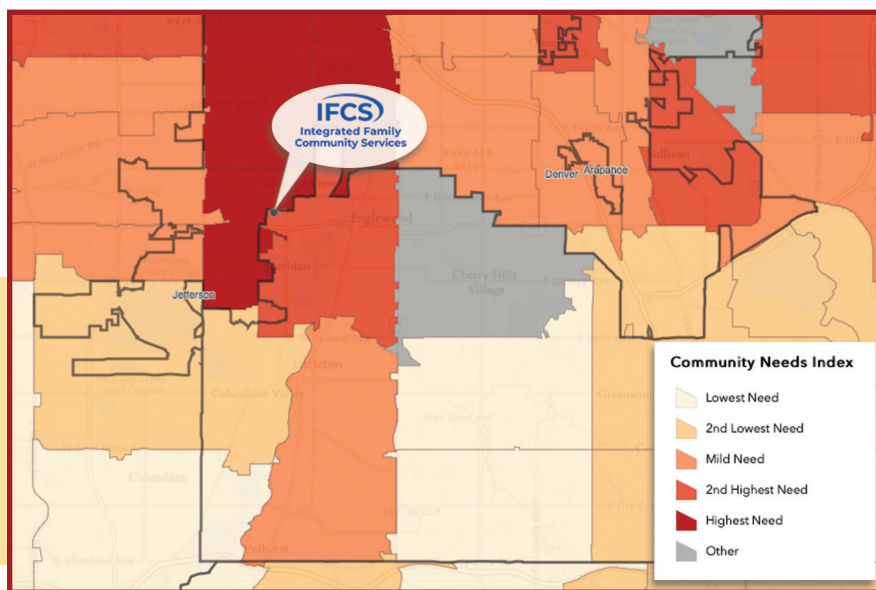
- The COVID-19 pandemic had a dramatic impact on our communities' health, economy, and food security.*
- IFCS' service area includes various neighborhoods designated as "food deserts" and zip codes identified as having highest needs, as you can see by the maps below.**

For a monthly cost of \$30,000 we were able to serve **6,000+ individuals** with fresh, nutritious food. This relieved program participants to focus on paying rent and utility bills, or navigate emergencies.

IFCS PROGRAM PARTICIPATION



Source credit: CACFP Participation in Colorado <https://bit.ly/3DEJixn>



* This data was provided by Hunger Free Colorado, hungerfreecolorado.org

** The USDA defines food deserts as areas with low access to supermarkets or grocery stores. The CNI measures economic and demographic data, creating an "index score" by measuring barriers to various socio-economic capital for each community at the zip code level.

IFCS IMPACT

For the Year September 1, 2021 to August 31, 2022

Our mission is to provide basic human services and enrichment programs to low-income people, using community resources. Integrated Family Community Services (IFCS) fosters self-sufficiency and respects the dignity of each client.



60,394

Individuals received **Hunger Prevention Assistance**

1,832

Individuals benefited from **Fresh Thanks and Helping Hands for the Holidays**, IFCS' Holiday Programs that provide food and gift support

250

Children received backpacks, school supplies, and food support as part of the **Ready, Set, School! Program**



328

Individuals received **Homelessness Prevention Assistance**

50

Crime victims received assistance

1,208

New families, individuals, and senior citizens visited IFCS for assistance



322

Individuals received **Recreation Passes** from South Suburban and Englewood Recreation

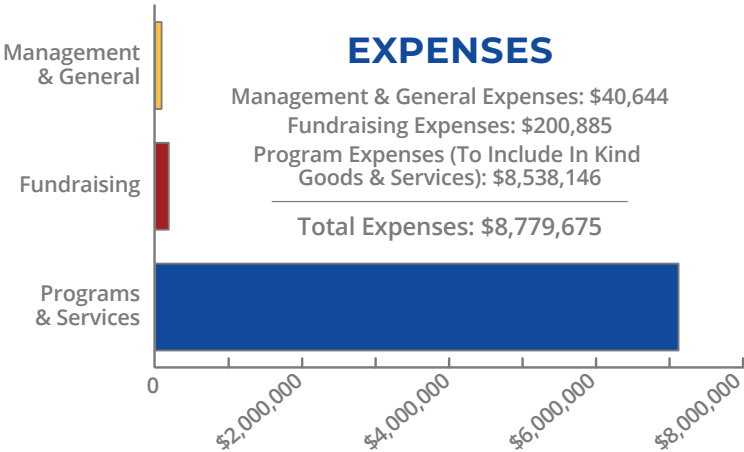
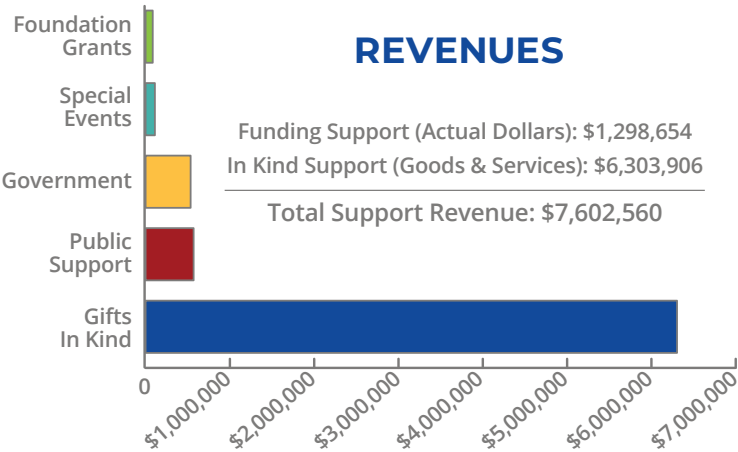
4,163

Volunteers gave **8,577** volunteer hours

IFCS SERVED 63,176 INCOME-QUALIFIED INDIVIDUALS

IFCS FINANCIALS

For the Year September 1, 2021 to August 31, 2022



97% OF IFCS EXPENSES WERE HUNGER PREVENTION SERVICES

Our Community Makes IFCS Better

Integrated Family Community Services (IFCS) has faced challenging circumstances over the past few years. **Committed to partnering with the community to alleviate hunger since 1964**, we've responded by adapting and improving our programs and services. Thanks to all who support and collaborate with us, we continue growing and making a difference.

PROGRAM IMPROVEMENTS

make us better



The Food Market at IFCS has been introducing a growing selection of **nutritious and culturally relevant choices that are sourced locally**.

Selection options include fresh produce, meat and dairy items.



We developed **online program applications** for financial, wellness and seasonal enrichment programs to provide **convenience** for participants.

Our Single Meal Program provides ready-to-eat meals and snacks for those who are **unhoused and unsheltered**.



**READY,
SET,
SCHOOL!**

IFCS made food a staple of our back-to-school and winter holiday programs. In addition to school supply and holiday gift assistance, each qualified recipient is provided a **weeks' worth of nutritious food** for the whole family.



**Helping Hands
for the Holidays**

Our fall-themed meal distribution was adapted to be **more culturally inclusive**, including more fresh produce, baking essentials, and common seasonings used to create Thanksgiving meals and traditional Navidad celebrations.



Thanks to **long-standing partnerships** in the community, IFCS is receiving **more funding** for eviction prevention and utility bill payment assistance. This support allows us to **address increased financial hardships** that are threatening family stability.



On a weekly basis, **we're involved in conversations about regional housing** and the effect that shortages are having on mental health and wellness. This makes us **stronger partners and collaborators** with other service providers.

VOLUNTEERS

make us better



When pandemic restrictions lifted in 2021, **volunteers were invited back** and we added a full-time volunteer coordinator to our team.

We shifted to **online volunteer applications** and welcomed interested candidates to interview and tour IFCS.



Our **volunteer team tripled** in a year, and IFCS' Volunteer Core was established with its own logo and a **newly defined mission**.



We expanded **new volunteer roles**, including individual and group opportunities.

Volunteers have made possible IFCS' grocery distribution to **upwards of 6,000+ people each month**. Adding volunteer talent to our team has streamlined IFCS operations, increased outreach, and improved our effectiveness.



PARTNERS & DONORS

make us better



Uncertainty in grocery stores resulted in fewer food donations. Thankfully, partnering manufacturers experiencing supply and order changes provided IFCS with **surplus donations**.



IFCS' dated, insufficient **refrigerator and freezer spaces were upgraded**, and **pallet jack acquired**, thanks to community partners.

We shifted from **receiving 97% of food resources** from community donations to **purchasing 97% directly**. Donor and grant funds made this transition possible.



Purchasing directly from food manufacturers that meet grant fund guidelines allows IFCS to obtain **top quality food, in bulk quantities, and with deep savings**.

Inflation, supply chain and transportation issues continue to challenge IFCS' food access. Donations in all sizes **help us continue to provide nutritious meals** for hungry families in our area.



IFCS is nourishing lives and building stronger communities, thanks to YOUR HELP!



FOOD for
THOUGHT

When I became a single mom to my five year old son, I reached out to IFCS and Ms. Allison helped me... I like your *fresh* veggies and fruits when you have them.

S.T. - IFCS PROGRAM PARTICIPANT

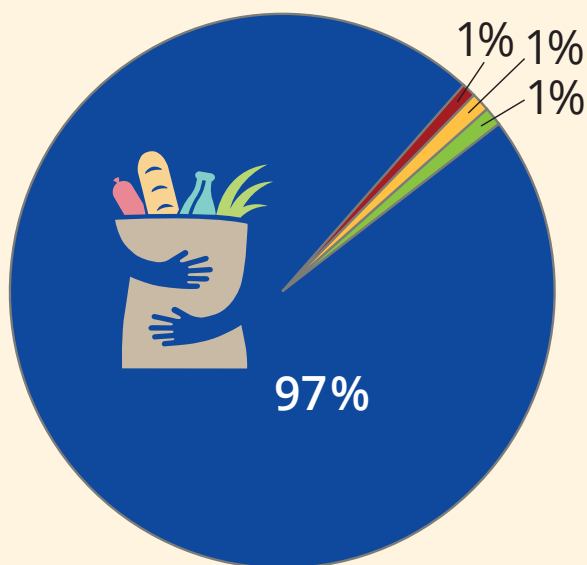


FOOD for
THOUGHT

I'm here to learn more about the *challenges* my local community faces and how to better address systemic issues.

CK - IFCS VOLUNTEER

COMMUNITY IMPACT



- Hunger Prevention
- Enrichment Programs
- Homeless Prevention
- Financial Assistance
- Other Assistance (<1%)

IFCS LEADERSHIP

BOARD OF DIRECTORS

President.....Bryant Burciaga
 TreasurerJeffrey Alm
 Board DirectorJason Whyte
 Board DirectorDavid Zorn
 Board DirectorSenedu Yaregal
 Board DirectorCorey Reitz
 Board DirectorAna Hernandez
 Board DirectorReid McGrath

TEAM

Executive Director.....Sandra Blythe-Perry
 Program DirectorAllison Taggart
 Development Director.....Todd McPherson
 Resource NavigatorCaitlee Meade
 Food Market Manager.....Barb Mesa
 Accounting Clerk/Admin Assistant.....Perian Cooper
 Volunteer CoordinatorTara Magaña
 Communications ManagerDonna Wintz

THANKS TO OUR GENEROUS SPONSORS

