

ADD BRIGHTNESS TO THE HOLIDAY SEASON FOR LOW INCOME CHILDREN



Helping Hands *for the Holidays*

Many families struggle financially on a daily basis, and the holidays can make these struggles more visible and overwhelming. **Helping Hands for the Holidays** is an annual drive hosted by Integrated Family Community Services (IFCS) to provide holiday gifts for children aged newborn to 10 years old, and groceries to supplement holiday meals.



GIVE THE
GIFT OF
NUTRITION

Be a Child Gift Sponsor

Select a child(ren) you'd like to sponsor from age categories, then provide the age-appropriate gifts chosen by their caregiver. IFCS partners with Roonga, which provides a way to purchase bulk supplies through a wholesale vendor at a fraction of the cost.

Be a Food and Program Support Donor

In addition to gifts for the sponsored children, each participating family will receive a reusable shopping bag filled with fresh produce and other supplies to prepare multiple meals for the family during the week. Your gift also sustains this program with much-needed funding.

Visit our website

[ifcs.org/
helping-hands-
donor-support](https://ifcs.org/helping-hands-donor-support)

or scan this QR Code
to make a donation:



Thank you for your giving spirit during this holiday season!