

ADD BRIGHTNESS TO THE HOLIDAY SEASON FOR LOW INCOME CHILDREN



Helping Hands

for the Holidays

Many families struggle financially on a daily basis, and the holidays can make these struggles more visible and overwhelming. **Helping Hands for the Holidays** is an annual drive hosted by Integrated Family Community Services (IFCS) to provide holiday gifts for children aged newborn to 10 years old, and groceries to supplement holiday meals.

Visit our website

**[ifcs.org/
helping-hands-
donor-support](https://ifcs.org/helping-hands-donor-support)**

or scan this QR Code
to make a donation:



Be a Child Gift Sponsor

Select a child(ren) you'd like to sponsor from age categories, then provide the age-appropriate gifts chosen by their caregiver. IFCS partners with Roonga, which provides a way to purchase bulk supplies through a wholesale vendor at a fraction of the cost.



GIVE THE
GIFT OF
NUTRITION

Be a Food and Program Support Donor

In addition to gifts for the sponsored children, each participating family will receive a reusable shopping bag filled with fresh produce and other supplies to prepare multiple meals for the family during the week. Your gift also sustains this program with much-needed funding.

Thank you for your giving spirit during this holiday season!