



Integrated Family
Community Services

Celebrating
60 YEARS

FY 2024 ANNUAL REPORT

Sept. 1, 2023 - Aug. 31, 2024

SINCE 1964



We Are Nourishing Lives.
We Are Building Community.
WE ARE IFCS.

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OPENING MESSAGE FROM OUR EXECUTIVE DIRECTOR

At IFCS, we believe everyone in our community deserves to be healthy, and that individual access to nutrition affects the overall health of our community. **During FY 2023-24, we witnessed the effects of stubborn inflation rates, exorbitant food and energy prices, and relentless rental costs.** More and more people struggled to stay in their homes and access nutritious food.

Over the past year, IFCS witnessed record-breaking hunger. **Every day we saw upwards of 100 families visiting our food market. Nearly 1/3 of these households were new to IFCS each month.** With compounding struggles at home and in health, many turned to us—underscoring how critical nutritious food is in tough times.

IFCS was founded in 1964 to provide services that help struggling neighbors achieve independent living. **In this milestone year we celebrated 60 years of serving millions of people.** With gratitude, we looked back on the accomplishments IFCS has made over 6 decades, in partnership with the community, and we *celebrated* how many times this small but mighty nonprofit has changed and adapted to societal and economic circumstances. Together, as a united and organized community, we've risen to meet the increasing needs around us—proving that collective action drives real change. **Our programs and services were possible because of strong partnerships within our community, a dedicated volunteer force, and generous donors who support IFCS every day.**

As you'll see evidenced in this report, the challenges of the past year have not slowed IFCS down. Instead, our long-standing and new partnerships in the community are making IFCS stronger than ever. **As we look ahead, we are committed to our legacy of nourishing lives and building stronger communities.**

Sandra Blythe-Perry, Executive Director

HUNGER FACTS & IFCS' REACH



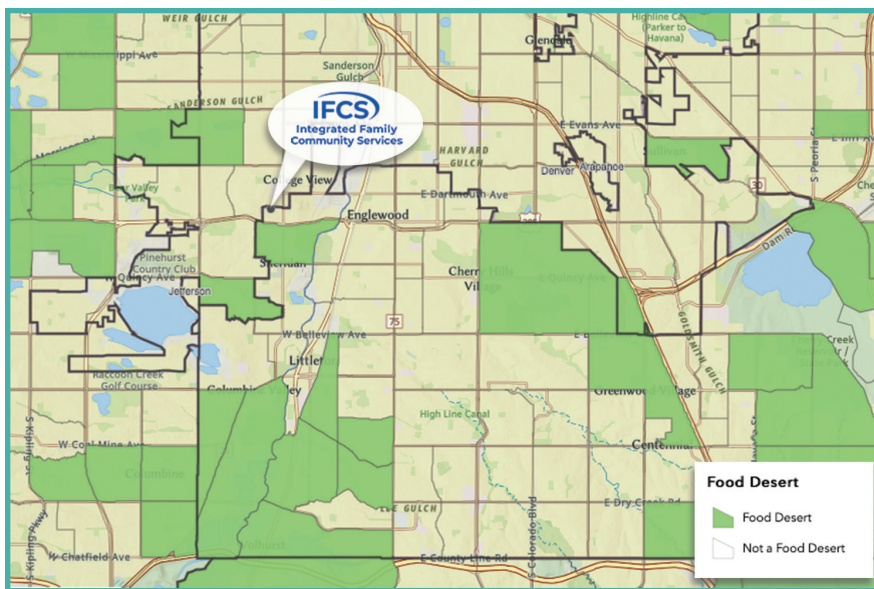
- 1 in 3 Coloradans (33%) are struggling with hunger.*
- More than 2 in 5 (43%) of individuals of color are now struggling to regularly access quality nutritious food.*
- 1 in 6 Children (16%) are not getting adequate nutrition.*
- The COVID-19 pandemic had a dramatic impact on our communities' health, economy, and food security.*
- Lack of access to healthy food options leads to a greater risk of chronic disease and poor health outcomes including diabetes and obesity.
- A monthly cost of \$30,000 currently allows us to serve 6,000+ individuals with fresh, nutritious food, and relieves program participants to focus on paying rent and utility bills, or navigate emergencies.
- IFCS' service area includes various neighborhoods designated as "food deserts" and zip codes identified as having highest needs, as you can see by the maps below.**



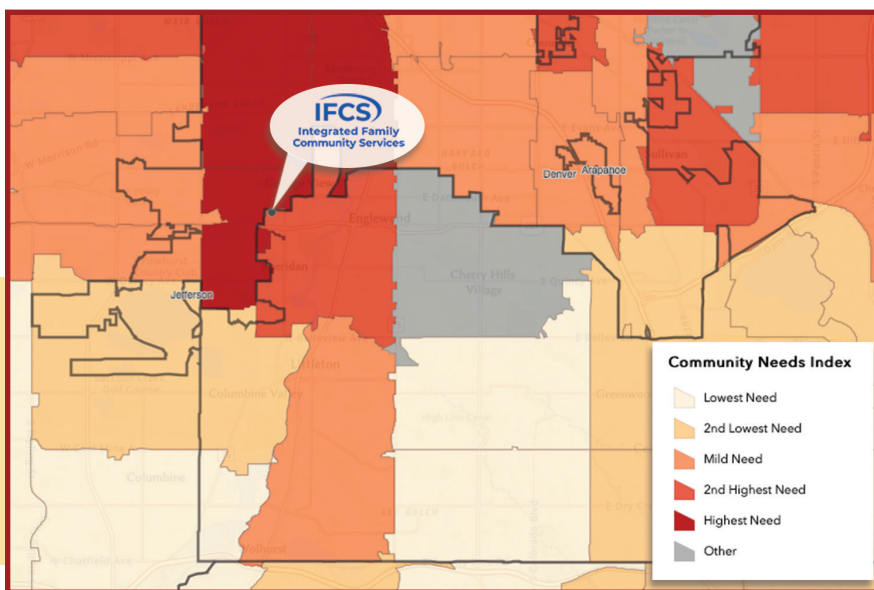
Marking sixty years since our foundation in 1964, Integrated Family Community Services has become a well known resource for those experiencing inequities, food insecurity, and financial emergencies in the community.

* This data was provided by Hunger Free Colorado, hungerfreecolorado.org

** The USDA defines food deserts as areas with low access to supermarkets or grocery stores. The CNI measures economic and demographic data, creating an "index score" by measuring barriers to various socio-economic capital for each community at the zip code level.



Source credit: CACFP Participation in Colorado <https://bit.ly/3DEjixn>



IFCS IMPACT

For the Year September 1, 2023 to August 31, 2024

Our mission is to provide basic human services and enrichment programs to low-income people, using community resources. Integrated Family Community Services (IFCS) fosters self-sufficiency and respects the dignity of each client.



58,742

Individuals received **Hunger Prevention Assistance** through the Food Market, **Fresh Thanks**, and Enrichment Program Distributions



833

Individuals received **Homelessness Prevention Assistance**



484

Individuals received **Recreation Passes** from South Suburban and Englewood Recreation

306

Children received new backpacks and school supplies as part of IFCS' **Ready, Set, School!** Enrichment Program

366

Individuals received holiday gift support as part of IFCS' **Helping Hands for the Holidays** Enrichment Program



3,621

New families, individuals, and senior citizens visited IFCS for assistance



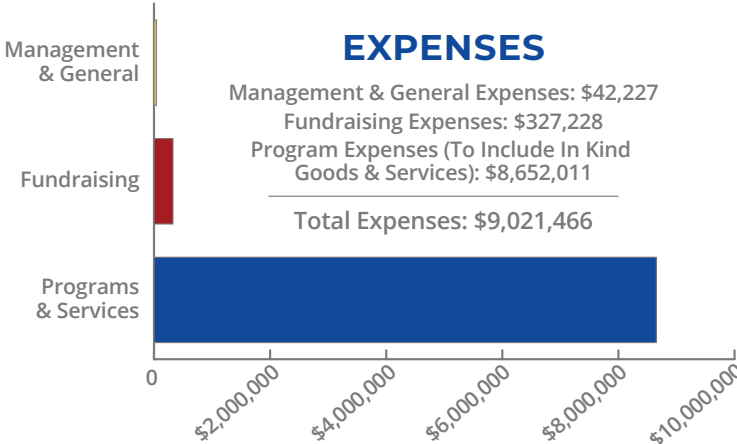
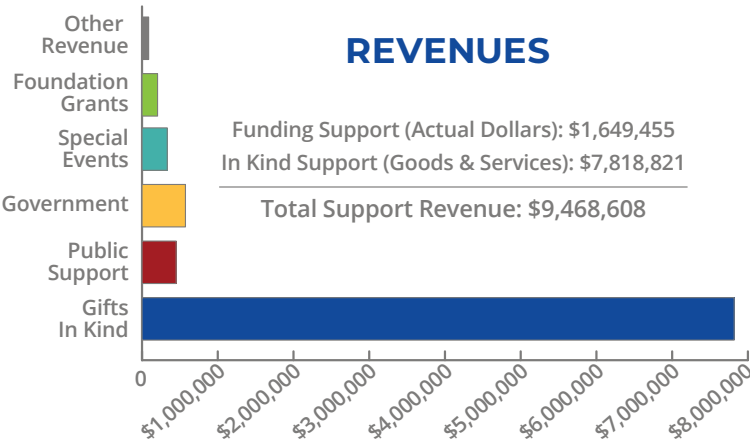
3,764

Volunteers gave **10,054** service hours

IFCS SERVED 60,059 INCOME-QUALIFIED INDIVIDUALS

IFCS FINANCIALS

For the Year September 1, 2023 to August 31, 2024



97% OF IFCS EXPENSES WERE HUNGER PREVENTION SERVICES

IFCS VOLUNTEER STORIES

At IFCS, we have seen a rapid growth in community need, and greatly rely on our volunteers to distribute services. On a weekly basis, we see upwards of 50 volunteers. These local individuals and groups help us in all areas, such as food market operations, administrative work, delivering food from Food Bank of the Rockies, and so many other projects. **It takes a community to keep IFCS operational each and every day!**



Dennis first came across IFCS when he was a young boy, within a few years of our incorporation. His father broke his hip in Kansas, leaving his family without his income. Needing to support 6 kids, his parents went on welfare and struggled to make ends meet.

That is when IFCS, formerly Inter-Faith Task Force for Community Services, came to help. The original "Neighbors Helping Neighbors" effort brought Dennis' family a Christmas meal, and a toy for each child. To Dennis and his family, this meant the world.

As a thank you for our support, Dennis spent his adult life giving back. He participated in volunteer and fundraising efforts, such as the Fun Run, became an annual donor, and now that he's retired, he volunteers in the Market @ IFCS on a weekly basis.

“

I feel I owe [IFCS] because they helped us out in a hard time.

”



Janet has volunteered with us for 7 years. At the beginning, she supported our admissions team, ensuring incoming participants were eligible for services. Janet says "I've been impressed with how IFCS reorganized quickly to meet the need."

When COVID-19 first hit, IFCS turned away volunteers for a year, and focused on simplifying and automating our intake process. That decreased the need for admissions volunteers, but didn't stop Janet from volunteering with us. Two years ago, she transitioned over to our seasonal enrichment programs, ensuring registered families receive the correct school supplies and gifts for their kids. Now that the Market @ IFCS is open, Janet also helps with pantry operations.

“

It's confirmation of how great the social needs in our society are. It helps keep me centered on the important things in life.

”



Rod first got involved with IFCS through a friend, and became a regular volunteer two summers ago when we partnered with Jeffco Summer of Early Learning to provide weekend meals to participating families. Ever since, Rod is just a text away whenever we need a hand.

Most recently, Rod supports IFCS by picking up a van-full of boxes used for food distribution, helping unload large deliveries, and organizing volunteers from Kiwanis Club of Columbine for special projects. Anything we need, Rod is there for us.

Moving large freezers around the Market? Transporting auction items for Nibbles & Sips? Need volunteers to load a large donation? Even if just for an hour, Rod is happy to help.

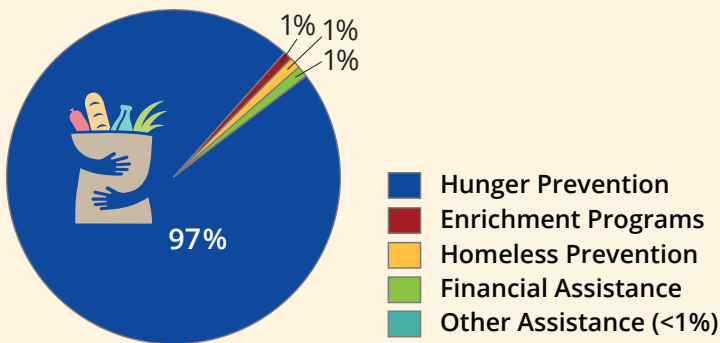
“

One reason I do this is the kids. If kids are hungry, they can't learn. If kids get educated, they have a better chance of breaking out of the poverty cycle.

”

ALSO: READ IFCS PARTICIPANT STORIES AT [IFCS.ORG/PROGRAM-RECIPIENTS](https://ifcs.org/program-recipient)

COMMUNITY IMPACT



THANKS TO OUR LEADERSHIP, VOLUNTEER PARTNERS, AND GENEROUS SPONSORS

BOARD OF DIRECTORS

Interim President	Jeffrey Alm
Board Director	Jason Whyte
Board Director	Corey Reitz
Board Director	Ana Hernandez
Board Director	Reid McGrath
Board Director	Mary Kelloff

TEAM

Executive Director	Sandra Blythe-Perry
Program Director	Miriam Noriega Diaz
Development Director	Todd McPherson
Lead Resource Navigator	Jessica Southern
Resource Navigator	Quetzalli Martinez
Financial Assistant Specialist	Marcela Carbajal
Food Market Manager	Barb Mesa
Accounting Clerk/Admin Assistant	Perian Cooper
Volunteer Coordinator	Tara Magaña
Communications Manager	Donna Wintz

