

SINCE 1964



**We Are Nourishing Lives.
We Are Building Community.**

WE ARE IFCS.

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OPENING MESSAGE FROM OUR EXECUTIVE DIRECTOR

At IFCS, we believe everyone deserves to be healthy, and that individual access to nutrition affects the overall health of our community. **Since 1964, we have worked alongside the community to support millions of individuals, families, and seniors by alleviating hunger and connecting them to essential resources.**

Over the past year, every one of IFCS' programs faced some level of reduction: **food support, recreation center passes, utility assistance, and rental aid were all impacted by funding that was either reduced, cut, or depleted.** At the same time, demand for these essential services increased.

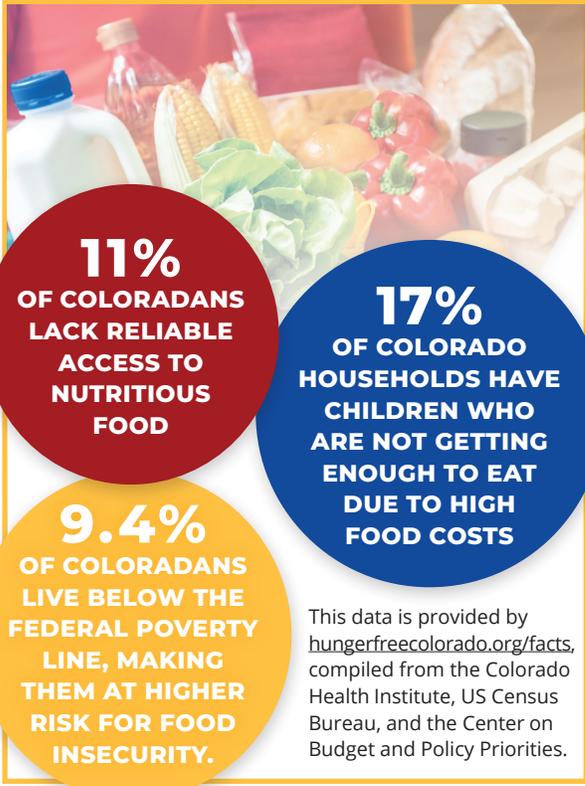
IFCS remained committed to serving with dignity, inclusivity, and transparency:

- Over the year, we implemented the Supporting Wellness at Pantries (SWAP) Model introduced by Food Bank of the Rockies to **promote nutritious choices;**
- We **improved access to our programs** through updated ADA features both online and on-site;
- We collaborated with the Immigrant Rights Coalition of Colorado to best **respond to the needs of our immigrant communities;**
- We streamlined operations to ensure our **services remain safe and efficient.**

As you'll see evidenced in this report, despite the challenges of the past year, IFCS and the community responded with generosity and resolve. **Together, we bridged gaps created by funding cuts, helping families stay housed and nourished during times of crisis.** We remain committed to carrying forward our legacy of nourishing lives and building stronger communities.

Sandra Blythe-Perry, Executive Director

HUNGER FACTS & IFCS' REACH



This data is provided by hungerfreecolorado.org/facts, compiled from the Colorado Health Institute, US Census Bureau, and the Center on Budget and Policy Priorities.



Throughout FY 2024-25, an average of 4,000+ individuals were served each month at the Market @ IFCS.

IFCS is able to respond to great needs thanks to our team of volunteers and various funding sources.

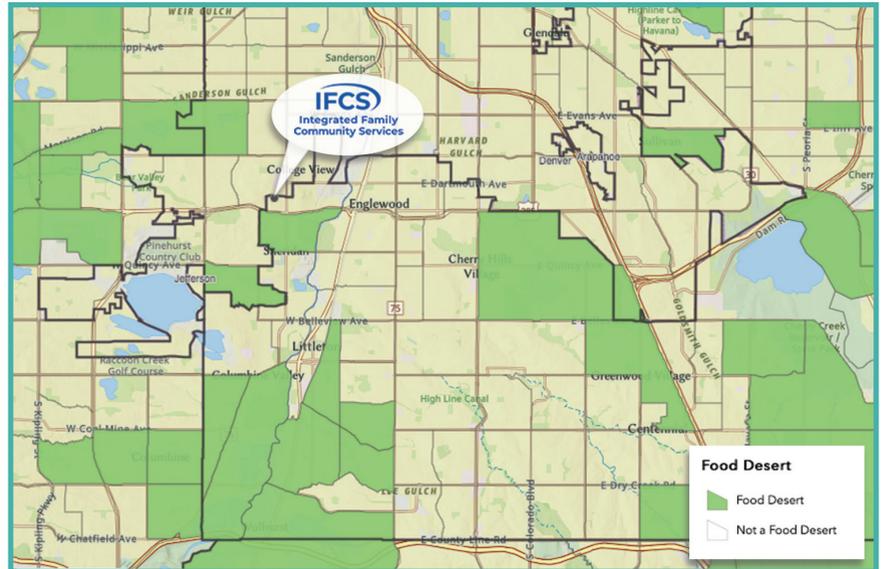
* This data was provided by Feeding Colorado, feedingcolorado.org/colorado-hunger-facts

** The USDA defines food deserts as areas with low access to supermarkets or grocery stores. The CNI measures economic and demographic data, creating an "index score" by measuring barriers to various socio-economic capital for each community at the zip code level.

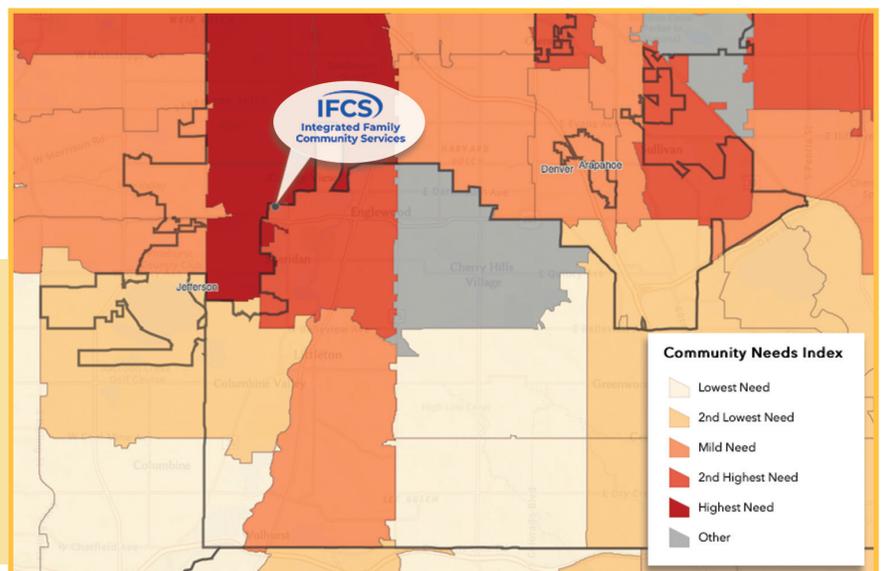
According to the most recent hunger data*, Feeding America's Map the Meal Gap study reveals:

- In 2023, 12.7% of Coloradans were food insecure. That's 1 in 8 Coloradans.
- In 2023, 14.3% of Coloradan children were food insecure.
- Hundreds of thousands of children and families living in Colorado face hunger and food insecurity every day.
- Every county in our state is home to families who face hunger, including rural and suburban communities.
- Many households that experience food insecurity do not qualify for federal nutrition programs and rely on their local Feeding Colorado food banks and network of partner agencies for support.

IFCS' service area includes various neighborhoods designated as "food deserts" and zip codes identified as having highest needs, as you can see by the maps below.**



Source credit: CACFP Participation in Colorado <https://bit.ly/3DEjixn>



IFCS IMPACT For the Year September 1, 2024 to August 31, 2025

Our mission is to provide basic human services and enrichment programs to low-income people, using community resources. Integrated Family Community Services (IFCS) fosters self-sufficiency and respects the dignity of each client.



48,286

Individuals received **Hunger Prevention Assistance** through the Food Market, **Fresh Thanks**, and Enrichment Program Distributions



829

Individuals received **Homelessness Prevention Assistance**



592

Individuals received **Recreation Passes** from South Suburban and Englewood Recreation

305

Children received new backpacks and school supplies as part of IFCS' **Ready, Set, School!** Enrichment Program

353

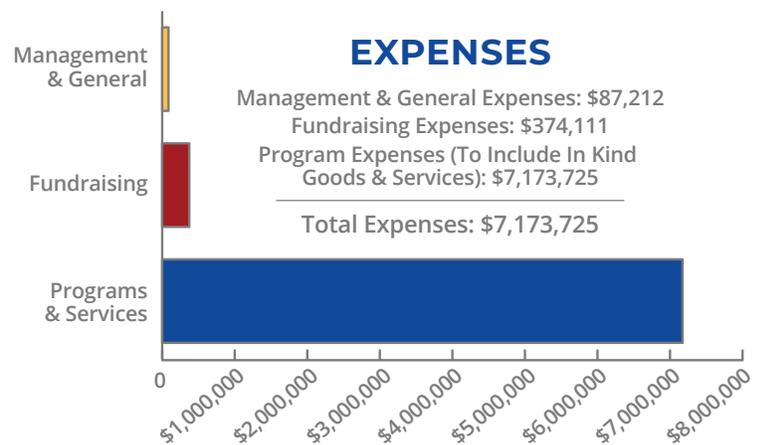
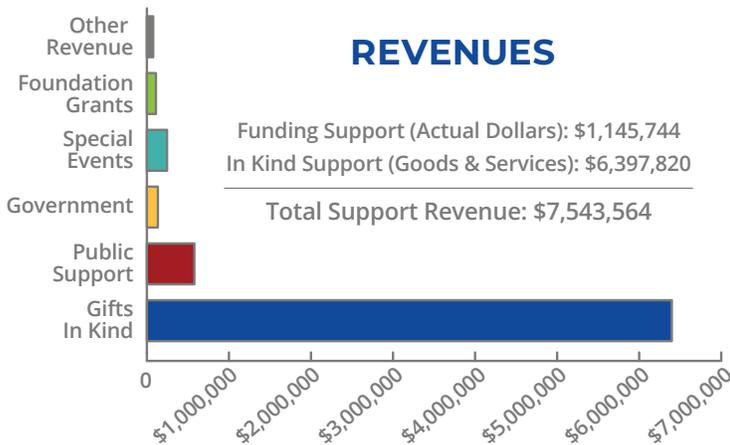
Individuals received holiday gift support as part of IFCS' **Helping Hands for the Holidays** Enrichment Program

2,728
New families, individuals, and senior citizens visited IFCS for assistance

3,133
Volunteers gave **8,378** service hours

IFCS SERVED 50,365 INCOME-QUALIFIED INDIVIDUALS

IFCS FINANCIALS For the Year September 1, 2024 to August 31, 2025



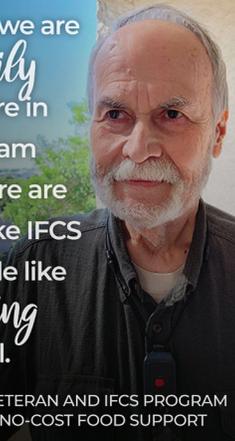
96% OF IFCS EXPENSES WERE HUNGER PREVENTION SERVICES

FACES OF IFCS

At IFCS, we nourish lives on multiple levels. Providing wholesome, nutritious meals and fresh produce is an integral component of building a strong community. **Everything that we do is in collaboration with community partners.**

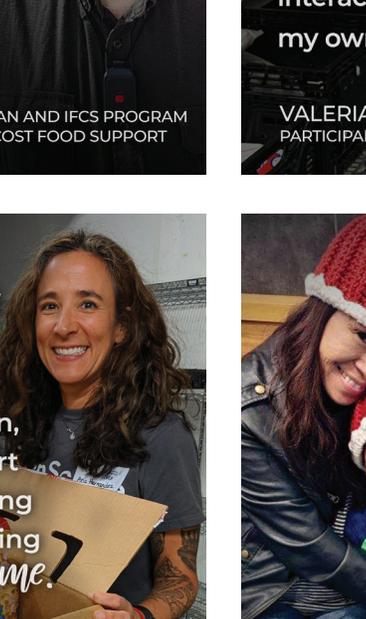
Our service is based on the knowledge that hunger and poverty exist in our community and the belief that *immediate action must be taken*. **Working together enriches the lives of our volunteers and partners while nourishing our community.**

Meet some of the individuals who visit IFCS, along with volunteers and partners who collaborate with us in building a stronger community:



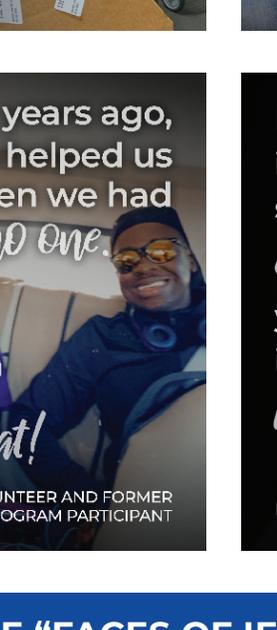
It's just me, but we are all one big *family* that should share in our resources. I am so glad that there are organizations like IFCS that allow people like me to keep *going* – I'm so thankful.

THOR G. - RETIRED VETERAN AND IFCS PROGRAM PARTICIPANT UTILIZING NO-COST FOOD SUPPORT



Me gusta poder interactuar con la gente de mi propia *comunidad*. I like that I get to interact with people in my own *community*.

VALERIA MIRANDA - FORMER IFCS PARTICIPANT & CURRENT VOLUNTEER



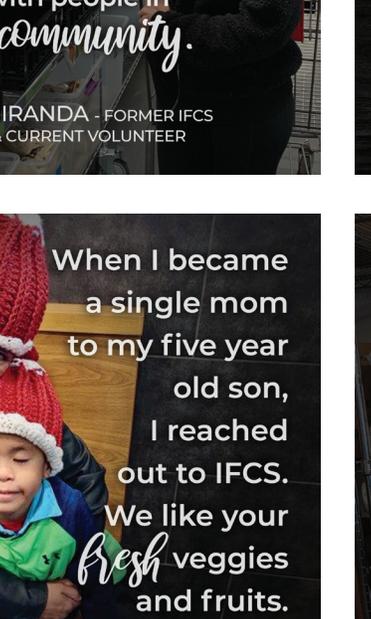
A mom of 2 young children came in for the first time last week. *Struggling* to get food, they have been living on peanut butter and jelly and canned beans. She was so *grateful* for our services.

IFCS TEAM MEMBER



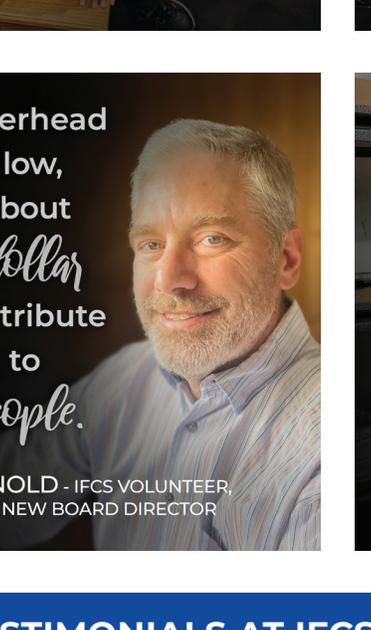
Seeing people in our community reach their full *potential* through education, using their support systems, and paying it forward by helping others *inspires me!*

ANA HERNANDEZ - IFCS BOARD DIRECTOR, VOLUNTEER & DONOR



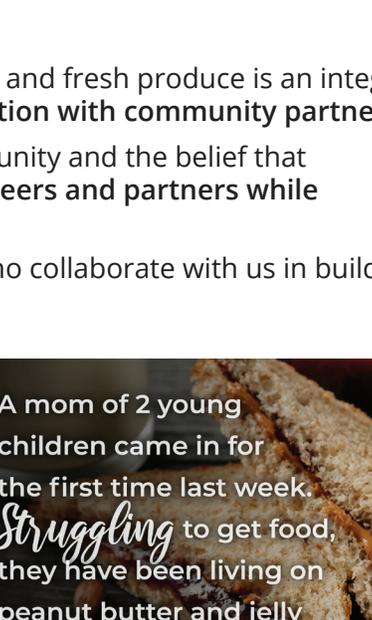
When I became a single mom to my five year old son, I reached out to IFCS. We like your *fresh* veggies and fruits.

S.T. - IFCS PARTICIPANT



I feel I owe IFCS because they *helped* my family out during a *hard time*.

DENNIS ROY - RECIPIENT OF IFCS SUPPORT AS A CHILD & CURRENT WEEKLY IFCS VOLUNTEER



Eight years ago, IFCS helped us when we had *no one*. Today, my son and daughter are doing *great!*

L.K. - IFCS VOLUNTEER AND FORMER READY, SET, SCHOOL! PROGRAM PARTICIPANT



IFCS' overhead is super low, so just about *every dollar* you contribute is going to *help people*.

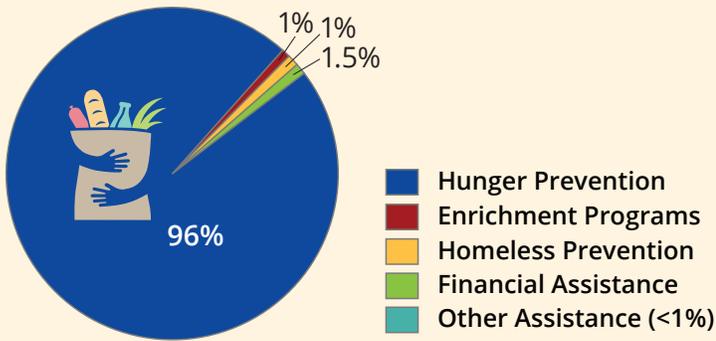
BRAD ARNOLD - IFCS VOLUNTEER, DONOR, AND NEW BOARD DIRECTOR



When I retired, I was searching for a *meaningful* way to serve others. I had donated food and money over the years, but it feels so good to be part of such a caring organization.

B.F. - IFCS VOLUNTEER

COMMUNITY IMPACT



THANKS TO OUR LEADERSHIP, VOLUNTEER PARTNERS, AND GENEROUS SPONSORS

BOARD OF DIRECTORS

- President.....Jeffrey Alm
- Board Director Jason Whyte
- Board Director Corey Reitz
- Board DirectorAna Hernandez
- Board Director Reid McGrath
- Board DirectorMary Kelloff
- Board DirectorBrad Arnold

TEAM

- Executive Director.....Sandra Blythe-Perry
- Program DirectorMiriam Noriega Mendez
- Development Director..... Todd McPherson
- Financial Assistance Program Mgr..... Kelly Vasquez
- Resource NavigatorJessica Munguia
- Inventory Clerk..... Barb Mesa
- Accounting Clerk/Admin Assistant.....Perian Cooper
- Volunteer CoordinatorTara Magaña
- Communications Manager Donna Wintz

